



2025 TIME STANDARDS

TYR PRO CHAMPIONSHIPS

**Qualifying from June 1, 2024 through Entry Deadline*

WOMEN

MEN

SCY	LCM	EVENT	LCM	SCY
22.49	25.89	50 FR	22.89	19.59
48.89	56.29	100 FR	50.09	42.99
1:46.19	2:02.29	200 FR	1:50.79	1:34.89
4:45.39	4:19.49	400/500 FR	3:57.69	4:19.39
9:50.69	8:50.79	800/1000 FR	8:11.09	9:02.19
16:16.79	17:00.19	1500/1650 FR	15:44.69	15:00.59
53.09	1:02.69	100 BK	56.19	46.79
1:55.69	2:15.89	200 BK	2:03.29	1:43.19
1:00.79	1:10.99	100 BR	1:02.69	53.09
2:12.09	2:34.19	200 BR	2:17.39	1:56.09
52.89	1:00.79	100 FL	53.99	46.49
1:57.89	2:16.49	200 FL	2:01.69	1:44.69
1:58.49	2:17.99	200 IM	2:04.19	1:45.09
4:14.39	4:54.69	400 IM	4:26.89	3:46.99
3:25.49	3:55.69	4x100 FR-R	3:33.59	3:03.99
7:28.29	8:29.99	4x200 FR-R	7:47.69	6:45.49
3:45.59	4:21.49	4x100 MED-R	3:56.29	3:21.39



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TYR PRO CHAMPIONSHIPS

**Qualifying from June 1, 2024 through Entry Deadline*

WOMEN

MEN

SCY	LCM	18 & U BONUS	LCM	SCY
22.99	26.59	50 FR	23.79	20.39
49.99	57.69	100 FR	51.99	44.39
1:48.29	2:04.99	200 FR	1:54.09	1:37.89
4:50.09	4:23.59	400/500 FR	4:02.49	4:25.99
10:04.99	9:06.79	800/1000 FR	8:23.09	9:13.19
16:51.49	17:26.79	1500/1650 FR	16:05.09	15:33.19
54.39	1:04.29	100 BK	58.19	48.79
1:58.29	2:19.29	200 BK	2:06.99	1:46.79
1:02.49	1:13.29	100 BR	1:05.19	55.09
2:15.59	2:38.59	200 BR	2:22.59	2:00.59
54.19	1:02.49	100 FL	55.89	48.29
2:00.59	2:18.39	200 FL	2:05.09	1:47.89
2:01.19	2:21.29	200 IM	2:07.99	1:48.79
4:18.99	5:00.29	400 IM	4:33.09	3:52.69